Community Oriented Activity REPORT 2022-2023



Details of Community Oriented activities 2022-23

| Sr No. | Name of the activity | Organizing unit/ agency/ collaborating agency | Number of community peoples participated in such activities |
|-----------|--------------------------------------|---|---|
| 1 | Health Education and Bag technique | SMES SSPG CON, MATUNGA IN Collaboration with PHC Vangani & Nirmal | 100 |
| 2 | Water purification Well water | SMES SSPG CON, MATUNGA IN Collaboration with Grampanchyat Kalamb & Vangani | 500 |
| 3 | Anganwadi Care of childrens | SMES SSPG CON, MATUNGA IN Collaboration with Anganwadi Nirmal and Vangani | 200 (Mothers and Childrens) |
| 4 | Family Planning camp | SMES SSPG CON, MATUNGA IN Collaboration with PHC Vangani | 100 (Mothers) |
| 5 | National immunization Programme | SMES SSPG CON, MATUNGA IN Collaboration with PHC Vangani and Nirmal, UPH center | 500 Beneficiaries |
| 6 | Nutritious food preparation demo | SMES SSPG CON, MATUNGA IN Collaboration with PHC Vangani and Nirmal, UPH center | 100 |
| 7 | School Health Checkup | SMES SSPG CON, MATUNGA IN Collaboration with Holy family school Bhuigaon and Vagani school | 300 |
| 8 | Awareness programme on Breast cancer | SMES SSPG CON, MATUNGA IN Collaboration with Primary health centre Nirmal ASHA workers | 40 ASHA Workers |
| 9 | Old Age Home visit and care | SMES SSPG CON, MATUNGA IN Collaboration with Jeevan Sahara Charitable Trust Old age home. | 100 Beneficiaries |
| 10 | Street awareness session | SMES SSPG CON, MATUNGA IN Collaboration with Nirmal Grampanchyat | 200 |
| 11 | Community Survey | SMES SSPG CON, MATUNGA IN Collaboration with Nirmal Grampanchyat/PHC | 500 |



REPORT ON HEALTH EDUCATION AND BAG TECHNIQUE

Date: 09/11/2022 to 19/11/2022

Venue: Vangani (Badlapur) and Nirmal (Vasai)

Participants: 100 Community Peoples

Our college has conducted Health Education and home care programme from 09/11/2022 to 19/11/2022, our college faculty and students accompanied for the same. Students have given health talk for individuals and groups on various topics like Antenatal care, post-natal care, Immunization, Non-communicable diseases, prevention of home accidents in childrens and geriatrics, geriatric care, health diet, etc. also care sessions on health assessment, blood pressure monitoring, blood glucoses monitoring, Breast self-examination, adolescent assessment, under-five assessment certain activities were conducted.

All activities were helpful to community peoples in respect to improve the quality of life and health awareness.

HIGHLIGHTS OF PROGRAMME:











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REPORT ON WELL WATER PURIFICATION

Date: 22/11/2022 and 25/11/2022

Venue: Vangani (Badlapur) and Kalamb (Vasai)

Participants: 500 Community Peoples

Our college has conducted well water purification visit 22/11/2022 and 25/11/2022 at Vangani (Badlapur) and Kalamb (Vasai) respectively. Students and faculty have visited the wells of village water supply. Observe the cleanliness, checked whether wells are closed from all ends for avoidance of water contamination. Discussed about chlorination of water. The water supply person of Grampanchyat has talked about maintenance of wells to have a safe water supply for the community peoples. The sarpanch and other committee members were present at the time visit. All have appreciated for such activity conducted for their village.

The visit is helpful in respect to safe water supply of community for better health also help in prevention of water borne diseases like diarrhea, giardiasis, dysentery, typhoid fever, E. Coli infection, and salmonellosis.











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REPORT ON ANGANWADI VISIT TO CARE OF CHILDRENS

Date: 13/11/2022

Venue: Vangani (Badlapur) and Nirmal (Vasai)

Participants: 200 Mothers and childrens

Our college Students and faculty has conducted Anganwadi visit to care of childrens. During visit the childrens were assessed with growth and development, nutritional status of childrens, Immunization status, other health problems. etc. Mothers have educated with care of childrens, nutritional requirements of childrens and diet list were provided, also educated with personal hygiene. Also introduced with various schemes provided by government.

The visit is helpful in respect to care of childrens and mothers of respective Anganwadi centers.











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REPORT ON FAMILY PLANNING CAMP

Date: 15/11/2022

Venue: Vangani (Badlapur)

Participants: 100 Beneficiaries

Our college students have attended family planning camp in collaboration with primary health center Vangani. During the camp the health education about family planning were given also counselled on use of contraceptives and other family planning methods. Students have educated the mothers about minimum 3 years gap between two childrens. Under permanent family planning camp, the 100 mothers got operated with tubectomy. The programme was well appreciated by various stakeholders.

The camp helpful in respect to maintaining health of mother as well as the population.











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REPORT ON NATIONAL IMMUNIZATION PROGRAMME

Date: 03/11/2022 and 04/11/2022

Venue: Vangani (Badlapur), Nirmal (Vasai), UPH Center

Participants: 500 Beneficiaries

Our college students have attended national immunization programme in collaboration with primary health center Vangani. During the camp the various immunizations were given according to age of childrens. Around 500 childrens were benefitted under the immunization programme. During the programme health education about immunization with prevention of communicable diseases has given to all mothers of under-five childrens.

The camp helpful in respect to maintaining health of children and preventing from communicable diseases.











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REPORT ON NUTRITIOUS FOOD PREPARATION DEMO

Date: 05/12/2022

Venue: Vangani (Badlapur), Nirmal (Vasai)

Participants: 100 Beneficiaries

Our college students have done the home visits in various areas of **Vangani** (**Badlapur**), **Nirmal** (**Vasai**) villages to demonstrate the food preparation. During the campaign the various food preparations like diabetes diet, hypertensive diet, nutritious food preparation for childrens at various ages. Weaning Diet. ANC and PNC diet also demonstrated to mothers also explained the importance of protein diet, Calorie diets, etc.

The camp helpful in respect to maintaining good nutritional status of community peoples.

HIGHLIGHTS OF CAMPAIGN











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REPORT ON SCHOOL HEALTH CHECKUP CAMP

Date: 18/11/2022 and 28/11/2022

Venue: Vangani (Badlapur), Nirmal (Vasai)

Participants: 300 Beneficiaries

Our college have done the school health check-up camp to understand the health status of school going childrens. The physical assessment of childrens were done during the checkup camp. The health education about menstrual hygiene, personal hygiene, diet, etc given to childrens. During the school health camp, the sports activities also conducted to observe the physical strength of childrens.

The school health camp helpful in respect to understand the health status of school going childrens.

HIGHLIGHTS OF CAMP











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AWARENESS PROGRAMME ON BREAST CANCER

Date: 23/11/2022

Venue: Nirmal (Vasai)

Participants: 40 Beneficiaries

Our college has conducted the awareness session on Breast cancer. During the session 40 ASHA workers attended the session which was very helpful for them because they are the directly connected to community peoples. Discussed about Breast cancer, sign, and symptoms, how to do breast elf examination, management of breast cancer both medical and surgical, also discussed about how the ASHA workers were help the community peoples in prevention and care of breast cancer.

The session is useful in respect to spread the awareness about prevention and care of breast cancer.

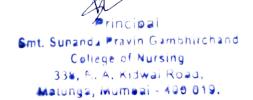














REPORT ON OLD AGE HOME VISIT AND CARE

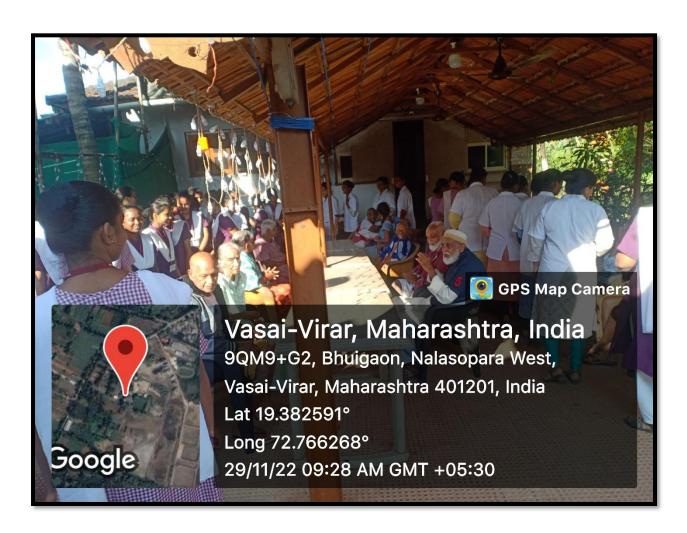
Date: 29/11/2022

Venue: Nirmal (Vasai)

Participants: 100 Beneficiaries

Our college has conducted the old age home visit at Jivan Sahara Charitable Trust Old age home during the visit various activities like geriatric assessment (Checkup), entertainment games and health education on geriatric care was conducted. Understand the routine, management of old age home, Foods and hospital facilities were checked.

The activity is useful in respect to understand the need of geriatric peoples.

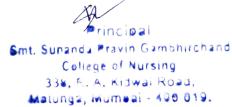














REPORT ON STREET AWARENESS SESSION

Date: 01/12/2022

Venue: Nirmal (Vasai)

Participants: 200 Beneficiaries

Our college has conducted the street awareness session on AID's Day, 1st December 2022 at Nirmal village. The session was conducted to spread the awareness about HIV AIDs in the community. The street play has shown the preventive measures and Do's and Don't in daily routine. The peoples have enthusiastically attained the session.

The activity is useful in respect to have awareness about the HIV AID's.

HIGHLIGHTS OF SESSION

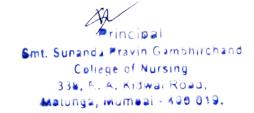














REPORT ON COMMUNITY SURVEY

Date: 02/11/2022 to 30/11/2022

Venue: Nirmal (Vasai)

Participants: 500 Beneficiaries

Our college has conducted the community family health survey in collaboration with Primary health center and Grampanchyat, Nirmal. The Surveys were conducted for communicable and non-communicable diseases, environmental conditions of community peoples also the Anemia detection surveys were conducted. The survey helps to know the condition of community peoples.

The activity is useful in respect to understand about the health condition of community peoples.

HIGHLIGHTS OF SURVEY











